

Measurement Guidelines

The guidelines below will help you to choose the best garment size for your body. The measurements shown are your body measurements. Please remember that different styles may fit differently depending on the design.

Men's (Glenmuir model measures chest 40 inches/102cm, waist 32 inches/82cm, height 6ft/183cm, wearing a size M and a 32" Waist, Reg Length)

Polo Shirts, Knitwear and Outerwear (actual body measurements in inches/cms)							
SIZE	XXS	XS	S	M	L	XL	XXL
EURO	44	46	48	50	52	56	58
TO FIT CHEST (INCHES)	34-36	36-38	38-40	40-42	42-44	46-48	48-50
TO FIT CHEST (CMS)	87-92	92-97	97-102	102-107	107-112	117-122	122-127

Trousers and Shorts (actual body measurements in inches/cms)							
TO FIT WAIST (INCHES)	32	34	36	38	40	42	
TO FIT WAIST (CMS)	82	87	92	97	102	107	
EURO	48	50	52	54	56	58	

Trousers are available in 3 leg lengths - to fit inside leg measurement - Short (29 inches/74cm), Regular (31 inches/79cm) and Long (33 inches/84cm)

Ladies' (Glenmuir model measures UK size 10, height 5ft 9 inches/175cm, wearing a size S and UK Size 10, Reg Length)

Polo Shirts, Knitwear and Outerwear (actual body measurements in inches/cms)							
SIZE	XXS	XS	S	M	L	XL	XXL
UK SIZE	4-6	6-8	8-10	12-14	14-16	18-20	22-24
EURO	32-34	34-36	36-38	40-42	42-44	46-48	50-52
TO FIT BUST (INCHES)	28-30	30-32	32-34	36-38	38-40	42-44	46-48
TO FIT BUST (CMS)	72-77	77-82	82-87	92-97	97-102	107-112	117-122

Trousers, Shorts and Skorts (actual body measurements in inches/cms)							
UK SIZE	8	10	12	14	16	18	
EURO	36	38	40	42	44	46	
TO FIT WAIST (INCHES)	25	27	29	31	33	35	
TO FIT WAIST (CMS)	64	69	74	79	84	89	

Trousers are available in 3 leg lengths - to fit inside leg measurement - Short (27 inches/69cm), Regular (29 inches/74cm) and Long (31 inches/79cm)

Tips for Measuring Yourself

Remember not to pull the tape measure too tight.

Bust/Chest: Place the tape measure under your arms, over your shoulder blades and across the fullest part of your bust.

Waist: Measure around your natural waist (narrowest point).

Inside leg: Standing upright measure from the top of your inside leg to the length you would like the trousers.

