

Measuring Guides

Men's UK

To fit	XXS	XS	-	S	-	M	-	L	-	XL	-	2XL	-	3XL	4XL	5XL	6XL	7XL
Collar inches	-	-	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22	23
Collar cm	-	-	36	37	38	39-40	41	42	43	44	45-46	47	48	49-50	51	53-54	56	58-59
Chest inches	28-30	32-34	35	36-38	39	40	41	42	43	44	45	46-48	49	50-52	54-56	58-60	62-64	66-68
Men's waist inches	23-25	26-28	-	29-31	-	32-34	-	35-36	-	37-38	-	39-40	-	-	-	-	-	-
Men's waist cm	58-63	66-71	-	74-79	-	81-86	-	89-91	-	94-96	-	99-101	-	-	-	-	-	-

Men's European

To fit	XXS	XS	-	S	-	M	-	L	-	XL	-	2XL	-	3XL	4XL	5XL	6XL	7XL
Collar inches	-	-	14	14.5	15	15.5	16	16.5	17	17.5	18	18.5	19	19.5	20	21	22	23
Collar cm	-	-	36	37	38	39-40	41	42	43	44	45-46	47	48	49-50	51	53-54	56	58-59
Chest inches	28-30	32-34	35	36-38	39	40	41	42	43	44	45	46-48	49	50-52	54-56	58-60	62-64	66-68
Chest cm	71-76	81-86	89	92-97	99	102	104	107	109	112	114	117-122	124	127-132	137-142	147-152	157-162	168-173
Men's European	38-40	42-44	-	46-48	49	50	51	52	53	54	55	56-58	59	60-62	64-66	68-70	72-74	76-78
Men's waist inches	23-25	26-28	-	29-31	-	32-34	-	35-36	-	37-38	-	39-40	-	-	-	-	-	-
Men's waist cm	58-63	66-71	-	74-79	-	81-86	-	89-91	-	94-96	-	99-101	-	-	-	-	-	-

Collar - Measure around the base of the neck whilst keeping one finger between the tape and the neck.

Chest - Measure around the fullest part of your chest keeping the tape under the upper arms and around the shoulder blades.

Women's UK

To fit	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Bust inches	28	30	32	34	36	38	40	42	44	46	48	50
Bust cm	71	76	81	86	91	96	102	107	112	117	122	127
Women's UK	6	8	10	12	14	16	18	20	22	24	26	28
Women's waist inches	21	23	25	27	29	31	33	-	-	-	-	-
Women's waist cm	54	59	64	69	74	79	84	-	-	-	-	-

Women's European

To fit	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL
Bust inches	28	30	32	34	36	38	40	42	44	46	48	50
Bust cm	71	76	81	86	91	96	102	107	112	117	122	127
Women's France/Spain	34	36	38	40	42	44	46	48	50	52	54	56
Women's Germany	32	34	36	38	40	42	44	46	48	50	52	54
Women's Italy	38	40	42	44	46	48	50	52	54	56	58	60

Bust - Measure around the fullest part of your bust keeping the tape under the upper arms and around the shoulder blades.